

User Manual (PS-TD001P-1C)

Electric Rehabilitation Upper / Lower Limb Mini Bike

Safety Precautions

Before using the electric mini bike, please read the instructions carefully and pay attention to the following points:

1. Pregnant women and Children under 12 years old must not use this product
2. During medical treatment, please consult the doctor before use;
3. If you feel any discomfort during use, please stop using immediately;
4. When not using this product, please be sure to remove the power plug;
5. Please do not disassemble and debug without authorization;
6. Do not touch the plugged plug when your hands are not dry;
7. Do not use worn power cables, plugs, and sockets;
8. Do not use this product in high temperature and humid environment;
9. Do not place the product in direct sunlight or damp place for a long time;
10. Do not place heavy objects on the product;
11. Do not insert needle-like objects;
12. The correct way to use this product is to exercise the legs or arms. The machine will drive the users to do physical movement of the legs or arms. forcible resistance or reverse movement with external force is prohibited;
13. Active training can be done when the machine is stationary;
14. People with a history of hypertension are not advised to use this product for a long time. Consult or follow medical advice if necessary.

Physiotherapy Room

Distributed in Canada by The Physio Store
www.physiostore.ca

Technical Parameters:

Rated voltage: 120 / 220V

Rated frequency: 50HZ

Rated power: 70W

Rated load: 120KG

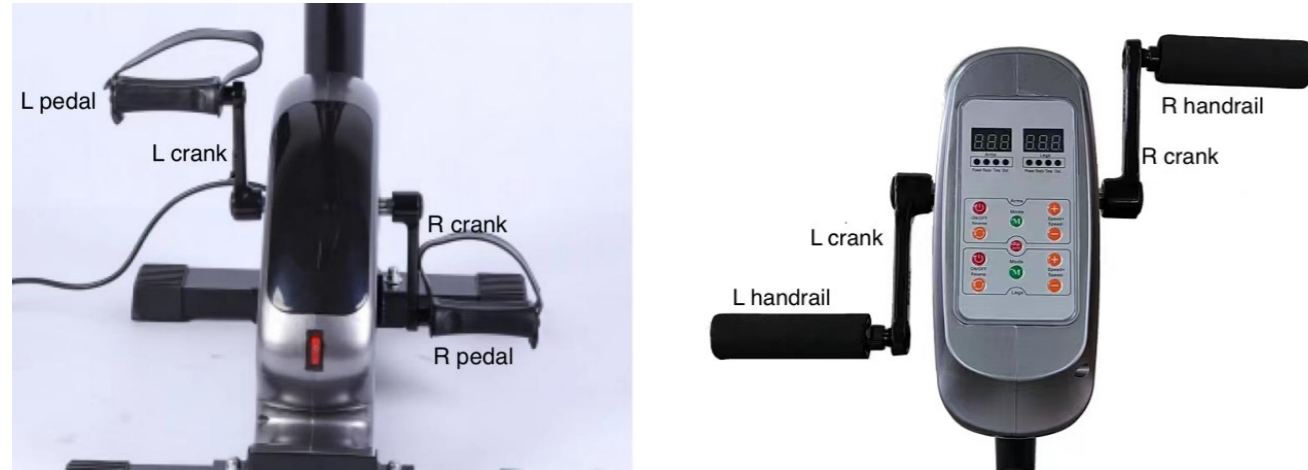
Installation Instructions:

Step 1: Install two foot pipes and pay attention to the stability of foot pipes.



Step 2: Install the left and right foot pedals and left and right handrails, facing the machine, install "L" footrests and "L" handrails on the left crank, and "R" pedals and "R" handrails on the

right crank. The threads of "L" and "R" are different. Please check and install again. Forced installation will cause damage to the threads.



Step 3: Adjust the height of the column according to your own needs.



Function Description

1. Short press the "Sync" button, then press the "Hand Power" button and the "Foot Power" button, the hands and feet start to move synchronously. Press the "+" key to speed up the hands and feet at the same time, press the "-" key to slow down the hands and feet at the same time, press the "hands forward and reverse" key, the hands and feet reverse at the same time. Note: The synchronization function can only be enabled when the motor is stopped.

2. Separate motor function of hands and feet, same motor function of hands and feet. (The function of hand movement is described below)

(1) The initial state is passive mode, and the "Speed/Resistance" indicator lights up.

Press THE "Hand Power" button, THE "Speed/Resistance" light will be on, and the motor will start to work.

Short press the "Hand Positive and Negative" key, the speed will slow down, stop one second before switching direction.

Press the "Mode" button on the hand to switch to "Speed/Resistance", the speed indicator will light up, and the screen will display the speed. Press the "+" and "-" keys to adjust the speed.

Switch to "Time", the time indicator will light up, and the screen will display the time. Press "+" and "-" to adjust the time, and the time will increase by 5 minutes with each press, up to 30 minutes.

Switch to "Distance", digital tube shows distance, add and subtract key is invalid.

Short PRESS the "Hand Acceleration" key: set the speed in passive mode, press the "+" key to increase the speed, the maximum speed is 12 gears.

Short press the "Hand Deceleration" button: Set the speed in passive mode, press the "-" button to reduce the speed, the minimum speed is 1 gear.

Anti-spasm function: The machine stops moving after blocking for 3 seconds.

(2) When the power supply of the hand or foot is turned off, press the "Mode" key, the "active and passive" light is off, and the "speed/resistance light" is on, then the active movement mode will be entered.

Set the resistance in active mode, press "+" to increase the resistance, the highest resistance is the 7th gear.

Set the resistance in active mode, press "-" to reduce the resistance, the lowest resistance is 1 gear.